WE CLAIM:

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- 1. A method for measuring group delay of an optical waveguide having an input end and an output end, the method comprising:
 - a) inputting a modulated narrowband pump signal into the input end of the waveguide to generate Raman gain in the waveguide,
 - b) inputting a narrowband probe signal into the input end of the waveguide, the probe signal having a wavelength that is within Raman gain band characteristic of the waveguide,
 - c) combining the pump signal and the probe signal at the input end of the waveguide,
 - d) impressing the modulation of the pump signal on the probe signal through temporal and spatial Raman gain modulation in the waveguide,
 - e) varying the modulation frequency of the pump signal,
 - f) measuring frequency response of the probe signal at the output end of the waveguide while the modulation frequency of the pump signal is varied, and
 - g) determining the group delay from the frequency response of the probe signal.
- 2. The method of claim 1 further comprising the step of separating the probe signal from the pump signal at the output end of the waveguide.
- 3. The method of claim 1 wherein the step of determining the group delay is based on the equation

[60]
$$H(\omega) = \frac{1}{1 + \left(\frac{\omega\tau}{\alpha_p L}\right)^2} \frac{\left(1 - 2e^{-\alpha_p L} \cos(\omega\tau) + e^{-2\alpha_p L}\right)}{\left(1 - e^{-\alpha_p L}\right)^2}$$

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[61] where τ is the relative group delay (between the pump and the probe), α_p is the fiber loss per unit length at the pump wavelength, ω equals $2\pi f$ where f is modulation frequency of a pump, and L is the length of the fiber.

- 4. A method for measuring chromatic dispersion of an optical waveguide having an input end and an output end, the method comprising:
 - a) inputting a modulated narrowband pump signal into the input end of the waveguide to generate Raman gain in the waveguide,
 - b) inputting a narrowband probe signal into the input end of the waveguide, the probe signal having a wavelength that is within Raman gain band characteristic of the waveguide,
 - c) combining the pump signal and the probe signal at the input end of the waveguide,
 - d) impressing the modulation of the pump signal on the probe signal through temporal and spatial Raman gain modulation in the waveguide,
 - e) varying the modulation frequency of the pump signal,
 - f) measuring frequency response of the probe signal at the output end of the waveguide while the modulation frequency of the pump signal is varied,
 - g) determining the group delay from the frequency response of the probe signal,
 - h) varying the wavelength of the probe signal,
 - i) repeating steps a) to g) for different probe wavelengths to determine a relationship of group delay and wavelength, and
 - j) determining the chromatic dispersion of the waveguide from said relationship.

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- 5. The method of claim 4 further comprising the step of separating the probe signal from the pump signal at the output end of the waveguide.
- 6. The method of claim 4 wherein the relationship is fit to Sellmeier's equation

$$\tau = a\lambda^2 + b + c\lambda^{-2}$$

5 where a, b and c are parameters determined by fitting experimental data to the equation,

to determine the chromatic dispersion.

- 7. An apparatus for measuring chromatic dispersion of a waveguide having an input end and an output end, the apparatus comprising
 - a source of a probe signal operatively coupled to the input end of the waveguide,
 - a source of a Raman wavelength pump signal operatively coupled to the input end of the waveguide,
 - a modulator means coupled to the source of a pump signal to modulate the pump signal to be input into the waveguide,
 - means for separating the probe signal from the pump signal at the output end of the waveguide, and
 - detector means for detecting and measuring, at the output end of the waveguide, frequency response of the probe signal to the frequency modulation.
- 8. The apparatus of claim 7 further comprising combining means for combining the pump signal and the probe signal at the input end of the waveguide.
- 9. The apparatus of claim 7 further comprising means for separating the pump signal and the probe signal at the output end of the waveguide.

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- 10. The apparatus of claim 7 wherein the modulator means is an external intensity modulator operatively connected to the pump signal source.
- 11. The apparatus of claim 7 wherein the modulator means is an electrical modulator.
- 12. The apparatus of claim 7 wherein the modulator means is an optical modulator.